

July 2025

Mon	Tues	Wed	Thurs
	9:00-11:00 Widow's Window 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot 2:00-3:30 Arts & Crafts	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 2:00-3:00 Book Lovers Club	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 Emergency Management - APS/ Payson Fire 1:00-3:30 Mah Jong	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 UTI's in Seniors - Drs. Matern & Jo 1:00-3:30 Mah Jong	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle

August 2025

Mon	Tues	Wed	Thurs
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot 2:00-3:30 Arts & Crafts	9:00-11:00 Widow's Window 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle
9:00-11:00 Paper Crafts 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 2:00-3:00 Book Lovers Club	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 Respiratory Therapy - Jessica Westerfield 1:00-3:30 Mah Jong	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101
9:00-11:00 Paper Crafts 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle
9:00-10:30 Scrapbooking 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 Hospital Update - Hoyt Skabelund 1:00-3:30 Mah Jong	9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101

September 2025

Mon		Tues		Wed		Thurs	
CLOSED (LABOR DAY)	1	2		3		4	
		9:00-11:00 Widow's Window 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle		8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots		9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	
9:00-11:00 Paper Crafts 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	8	9		10		11	
		9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 2:00-3:00 Book Lovers Club		8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 Sinus Institute - Dr. Homewood 1:00-3:30 Mah Jong		9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101	
9:00-11:00 Paper Crafts 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	15	16		17		18	
		9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle		8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 1:00-3:30 Mah Jong 1:30-3:00 Forget-Me-Nots		9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle	
9:00-10:30 Scrapbooking 9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	22	23		24		25	
		9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle		8:00-9:15 T.O.P.S. 9:30-10:30 Qi Gong 10:30-12:00 Banner Jammers - offsite 12:00-1:00 Anxiety - Patty Wisner 1:00-3:30 Mah Jong		9:00-11:00 Knit, Stitch, Quilt & Crochet 9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle 3:00-4:00 Technology 101	
9:30-10:30 Qi Gong 12:00-3:45 Hand & Foot	29	30					
		9:00-10:00 Feeling Fit 10:00-11:00 Feeling Fit 12:00-4:00 Pinochle					

